

time	monday	tuesday	wednesday	thursday	friday	saturday	sunday
9:30AM	HATHA - JANINA	YIN - EMI		HATHA - DENISE	BEGINNERS - EMI	8:30AM- HATHA- ANDREA	9:45 HATHA - CAREN
12PM			HATHA - JANINA			9:45 AM- YIN YOGA ANDREA	11:15AM HEATED SUN - CAREN
6PM	5:45PM - ASHTANGA - STEPH	HEATED POWER - EMI	ZEN STRETCH - STEPH	YOGA W WEIGHTS - EMI			
7PM	BEGINNERS YOGA - STEPH		7:15 - VINYASA - STEPH	YIN - ANDREA	6:30 HEATED POWER		
7:30		RESTORATIVE - CAREN					
8:15	8:30 - HEATED POWER DENISE		8:30 - HATHA - ANDREA	8:15 - HATHA - ANDREA			